BUSINESS MENTALITY

INFOPACK
YOUTH EXCHANGE
9-18/03/2022

YOUTH AND LIFELONG LEARNING FOUNDATION

Erasmus+

You can find all important information here.

Please read it carefully!!

ABOUT THE PROJECT

The project includes 2 activities: the **APV** and the **Youth Exchange**.

The APV (Advanced Planning Visit) was organised between 14th to 17th of September 2021 in order to ensure a well prepared Youth Exchange for all involved participants and to share duties and responsibilities among youth leaders as well as to prepare all involved local stakeholders and activists for meeting our young people during the exchange.

The Youth Exchange is the main activity of the project for young people coming from 9 European countries that share common concerns and goals. The active participation of young people and the increase of employment opportunities for young people who are long-term unemployed are the main issues of youth exchange that participants want to discuss and explore more. The Youth Exchange meets the objectives of the project by giving the opportunity for young people to spend time in intercultural environment, get connected and active on local, national and international level as well as become more aware of different cultures, traditions and attitudes of young people coming from different countries.

THE YOUTH EXCHANGE 9-18/03/2022

The Youth Exchange will be organised from 09-18 of March 2022 in Nea Kallikratia, Halkidiki.

Aims & Objectives

- Improve and strengthen knowledge, skills & behaviours of participants regarding unemployment & labor market
- Encourage participants to invest on their personal and professional development in order to get more opportunities in labor market
- Guide participants to implement public awareness campaigns and design promotional materials for the project
- Provide a safe space to establish effective intercultural learning and social dialogue between the participants
- Provide the participants with collaboration and team-building skills, but also strength and courage to share their ideas
- Promote Erasmus+ as a program that helps young people to develop soft skills, intercultural awareness active participation and their ability to take risks and initiatives.

Arrival day: 09/03/2022

Activity days: 10-17/03/2022

Departure day: 18/03/2022

AGENDA OF YOUTH EXCHANGE

#YFFJ	DAY 1	DAY 2	DAY 3	DAY 4	DAY 5	DAY 6	DAY 7	DAY 8	DAY 9	DAY 10
8:30-9:30	A R R I V A L S	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
10:00-11:30		Introduction, objectives, goals & rules of the project	CV Presentation	Motivation session	Exploring Thessaloniki and local culture	Negotation Learning	Theater & Dancing Methods: Confidence buildind	Business Plan Ideas	Evaluation/ Reflection Individual	D E P A R T U R E S
11:30-12:00		Coffee Break	Coffee Break	Coffee Break		Coffee Break	Coffee Break	Coffee Break	Coffee Break	
12:00-13:30		Name games/ Ice breakers	Interview session	Role play theatre		Presentations of negotations	Interviews to locals	PowerPoint presentations preparation	Group Evaluation- Secret Friends	
13:30-15:00		Lunch	Lunch	Lunch		Lunch	Lunch	Lunch	Lunch	
15:00-16:30		Fears, expectations & contributions	Online Tools Session	Role play theatre presentations		What is a Business Plan?	Presentations of interviews' results	Presentations of the Business Plans	Follow-up activities brainstorming	
16:30-17:00		Coffee Break	Coffee Break	Coffee Break		Coffee Break	Coffee Break	Coffee Break	Coffee Break	
17:00-18:30		Countries' realities	Online Tools Session	LinkedIn Presentation		Free time	Visibility & Online dissemination of the project	Erasmus+ programme- Kahoot	YouthPass Distribution	
18:30-19:00		Reflection Groups	Reflection Groups	Reflection Groups	Reflection Groups	Reflection Groups	Reflection Groups	Reflection Groups	Reflection Groups	
19:00-19:30		Leaders' Meeting	Leaders' Meeting	Leaders' Meeting	Leaders' Meeting	Leaders' Meeting	Leaders' Meeting	Leaders' Meeting	Leaders' Meeting	
19:30-20:30	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	
21:30-00:00	Welcome Event	Welcome Ceremony	Intercultural Night	Intercultural Night		Intercultural Night	Intercultural Night	Beach night	Closing Ceremony	

PARTICIPANTS' PROFILE

Each partner country should try to ensure gender balance within the group

Participants of each group have to be:

- motivated young people
- aged 18-30 years old
- coming from different level of international experience
- at least Basic English level

Participants per country:

Czech Republic	5
Romania (2 organisations)	11
The Republic of North Macedonia	5
Poland	5
Bulgaria	5
Turkey	5
Lithuania	5
Greece	6

PARTICIPANTS' DUTIES

YOU WILL BE PREPARING:

✓ Website with daily blog

✓ Videos & Photos

✓ Social-media content

✓ Creative promotional materials

YOU WILL ORGANISE:

✓ CAMPAINGS IN THE TOWN

✓ FOLLOW-UP ACTIVITIES

- DO NOT FORGET TO BRING ONE LAPTOP PER COUNTRY

YOU SHOULD KNOW

- There will be 47 participants coming from 9 countries and the project coordinator from the hosting organisation.
- During the Youth Exchange leaders will coordinate workshops leaded with involvement of all participants.
- Every day we will have cleaning groups for cleaning up the working room.
- Please get prepared for the intercultural evening: please bring food, snacks, drinks, brochures, music, traditional clothes etc. Also, prepare a presentation for your country. It can be a Power-point, a quiz, traditional songs, dances & games.

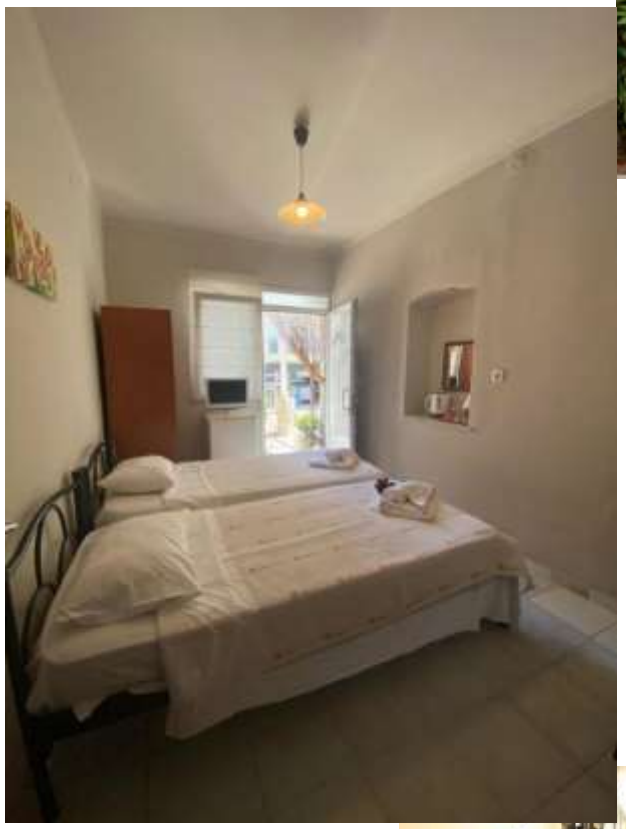
DEADLINES

- The youth exchange will be held from **09th to 18th of March 2022.**

- Deadline for selection: **1st of February 2022**
- Deadline for planning travel and booking trips: **15th of February 2022**
- Deadline for implementation of follow-up activities: **1st of May 2022**

VENUE & HOTEL

- ✓ Accommodation will be in 2, 3 or 4 beds rooms.
- ✓ Participants will be accommodated with people from different countries.



The participants will be accommodated at:

Hotel Atlantis

Ioanni Avgeridi 35, Néa Kallikrátia, Halkidiki, Greece

TRAVEL DETAILS

- In order to participate in the **Youth Exchange** you need to arrive to Greece on 9 of March and depart on 18 of March 2022.
- **You should all try to arrive together with our national groups in Thessaloniki and to arrive latest by 6 pm afternoon. Depending on arrival times, there will be bus organised to pick-up the groups from Thessaloniki airport.**
- Before buying your tickets, please confirm all of them with your leaders!
- How to get in Thessaloniki :

BY PLANE : Thessaloniki airport Makedonia (SKG) and **BY BUS** : Thessaloniki's bus station (Macedonia Intercity Bus City)

- Nea Kallikratia, is about 30-40 minutes away from Thessaloniki by bus or car.
- All online tickets, boarding passes and invoices have to be sent to us by email at: info@business-mentality.com
- All original hardcopies and paper tickets, cards, boarding passes, invoices and bills have to be given to us once you arrive to Greece – so please **buy all tickets you need for the way back in advance**.

COVID-19 NOTICE

All participants are required to have a **negative PCR certificate from a testing laboratory**, for a Covid-19 test taken **no later than 72 hours before arrival** or a **RAPID test performed within 48 hours before arrival**. This test is mandatory for all participants, regardless of the epidemiological situation in the country of departure.

Proof of a negative test is not required for: Participants that have completed their vaccination (i.e., 14 days have elapsed since the last vaccination, depending on the doses required) and hold a vaccination certificate.

Participants that have been tested positive with COVID-19 in the past 30 to 180 days: This can be proved either by presenting a positive PCR molecular or an antigen test result performed by an authorized laboratory or a medical certificate confirming that the holder was tested positive with SARS-CoV-2 virus infection. The certificate is issued 30 days after the day of the first positive COVID-19 test and is valid for 180 days after it.

Acceptable vaccines are: Pfizer BioNtech, Moderna, Astra Zeneca/Oxford, Novavax, Johnson+ Johnson/Janssen, Sinovac Biotech, Gamaleya (Sputnik), Cansino Biologics, Sinopharm among others.

You must also fill in the Passenger Locator Form **(PLF)** before arriving in Greece. **The official portal of the Hellenic Republic to complete the required PLF is travel.gov.gr**

When you will leave the Greece to your country you may need again a PCR or Rapid test, depends on your country and the regulations then. The average costs for the tests in Greece are:

Rapid Covid-19 Test: 5-15 € and **Molecular Covid-19 PCR Test: 50-70 €**

- Please check the following website in case of any change in travel regulations https://travel.gov.gr/#/

The participants have to arrange all the Covid-19 cost by their own. The project will NOT cover cost for test.

REIMBURSEMENT RULES

Reimbursement will be done in EUR on a bank account of your sending organisation.

We will reimburse your travel costs only if you attend the whole duration of the activity and provide for us all original tickets, boarding passes and invoices.

TRAVEL LIMITS :

Czech Republic	275 €
Romania	275 €
The Republic of North Macedonia	180 €
Poland	275 €
Bulgaria	180 €
Turkey	275 €
Lithuania	275 €
Greece	20 €

HOSTING NGO

BUSINESS MENTALITY is a non profit organisation established in 2014 and its objective is to promote, strengthen and support entrepreneurship and a culture of the society and citizens, especially the youth.

BUSINESS MENTALITY aims to contribute creating a friendly business environment and strengthen the culture of children and communities in relation to entrepreneurship which will lead societies themselves to sustainable economic development.

The mission of BUSINESS MENTALITY is to help through the actions of the systematic development of entrepreneurship within Greek borders and beyond.

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ABOUT NEA KALLIKRATIA AND HALKIDIKI

YOUTH FIGHT FOR JOBS!

Nea Kallikratia is a small town of Halkidiki and it has more than 6,000 inhabitants. It is located only 30 km away from Thessaloniki and it is the first major holiday village a traveler meets on the road to Halkidiki.

Learn more about Halkidiki and Nea Kallikratia at:

https://www.visit-halkidiki.gr

https://www.halkidikitravel.com

CONTACT US

If you have any questions, we will be more than happy to help.

Project Manager:

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We are looking forward to meeting you!